

BE PROACTIVE  
BEGIN WITH THE END IN MIND  
PUT FIRST THINGS FIRST  
I THINK WIN-WIN  
SEEK FIRST TO UNDERSTAND  
THEN TO BE UNDERSTOOD  
SYNERGIZE  
SHARPEN THE SAW

Meet the School Counselor at  
Jefferson School

**Mrs. Fatima DeCorte**  
**MA. School Counseling**

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# Jefferson School



School Counseling Program

## Program Services

### FOR STUDENTS:

- Friendship problems
- Setting goals
- Grief/loss of a loved one
- Feeling good about yourself
- Adjusting to a new school
- Learning to make decisions
- Managing your feelings (stress, worry, anger, etc....)
- Dealing with peer pressure and bullying

### Services Provided:

- ✓ CLASSROOM PRESENTATIONS
- ✓ GROUP COUNSELING (GRIEF, DIVORCE, SOCIAL SKILLS, STUDY SKILLS)
- ✓ INDIVIDUAL COUNSELING
- ✓ 504 PLANS
- ✓ PARENT/FAMILY CONSULTATIONS
- ✓ COMMUNITY RESOURCE REFERRALS

***\*Please Note:*** School counselors do not provide “therapy” or “traditional counseling”. Referrals for outside counseling services are available for children experiencing severe grief, divorce, family separation or mental health concerns.

### FOR PARENTS:

- Exploring ways to help your child succeed
- Improve parent /child communication
- Referrals for community resources
- Brainstorm ideas to help meet academic, personal, and social needs of your child
- Communicating with teachers and school

### Confidentiality

Confidentiality is an important component of the counseling relationship. However, students are informed at the beginning of the counseling relationship that if they reveal they wish to do harm to themselves, someone is harming them, or someone else's safety is threatened, confidentiality will be broken. In addition, students are encouraged to share with their parent and/or teachers, or the counselor will ask for permission to share if it is relevant to a third party.