



# Elementary Lunch Menu

October 2018

**1**  
 Pizza Sticks w/marinara  
 Chicken Filet Sandwich  
 Sunbutter & Jelly Sandwich  
 \*Garden Salad, Baby Carrots,  
 Apple, Orange  
 Bagel Bag  
 \*Corn, Broccoli, Red Grapes,  
 Mixed Fruit, Fruit Juice

**2**  
 Mac & Cheese  
 Cheeseburger  
 Ranch Chicken Salad  
 \*Garden Salad, Baby  
 Carrots, Apple, Orange  
 Bagel Bag  
 \*Green Beans, Red Pepper  
 Strips, Apple Slices, Diced  
 Pears, Apple Juice

**3**  
 French Toast Sticks w/chicken  
 sausage  
 Hot Dog  
 Chicken Ham & Cheese Sub  
 \*Garden Salad, Baby Carrots,  
 Apple, Orange  
 Bagel Bag  
 \*Tater Tots, Grape Tomatoes,  
 Banana, Diced Peaches, Fruit  
 Juice

**4**  
 Soft Chicken Tacos  
 Cheese Ravioli w/garlic bread  
 Popcorn Chicken Salad  
 \*Garden Salad, Baby Carrots,  
 Apple, Orange  
 Bagel Bag  
 \*Campfire Pinto Beans,  
 Celery Sticks, Fresh Pear,  
 Applesauce, Apple Juice

**5**  
 Deep Dish Pizza (cheese or  
 pepperoni)  
 Chicken Filet Sandwich  
 Honey Mustard Chicken Wrap  
 \*Garden Salad, Baby Carrots,  
 Apple, Orange  
 Bagel Bag  
 \*French Fries, Cucumber &  
 Tomato Salad, Strawberries,  
 Raisins, Orange Juice

**8**  
**SCHOOL  
 CLOSED!!**

**9**  
 Chicken-Parmesan  
 Hamburger  
 Egg Chef Salad  
 \*Garden Salad, Baby  
 Carrots, Apple, Orange  
 Bagel Bag  
 \*Green Beans, Red Pepper  
 Strips, Apple Slices, Diced  
 Pears, Apple Juice

**10**  
 Waffles w/chicken sausage  
 Chicken Filet Sandwich  
 Chicken Salad Sub  
 \*Garden Salad, Baby Carrots,  
 Apple, Orange  
 Bagel Bag  
 \*Tater Tots, 3 Bean Salad,  
 Banana, Diced Peaches, Fruit  
 Juice

**11**  
 Sweet & Sour Chicken  
 Hot Dog  
 Popcorn Chicken Salad  
 \*Garden Salad, Baby Carrots,  
 Apple, Orange  
 Bagel Bag  
 \*Orange Glazed Carrots,  
 Celery Sticks, Fresh Pear,  
 Applesauce, Apple Juice

**12**  
 Big Daddy Pizza (cheese or  
 pepperoni)  
 Chicken Nuggets  
 Turkey & Cheese Sub  
 \*Garden Salad, Baby Carrots,  
 Apple, Orange  
 Bagel Bag  
 \*French Fries, Cucumbers,  
 Watermelon, Raisins, Orange  
 Juice

**15**  
 Chili Cheese Baked Potato  
 Chicken Filet Sandwich  
 Chicken Caesar Wrap  
 \*Garden Salad, Baby Carrots,  
 Apple, Orange  
 Bagel Bag  
 \*Corn, Tomato Wedges, Red  
 Grapes, Mixed Fruit, Fruit  
 Juice

**16**  
 Grilled Cheese  
 Make Your Own Pepperoni Pizza  
 Bag  
 Chicken & Cheese Salad  
 \*Garden Salad, Baby Carrots,  
 Apple, Orange  
 Bagel Bag  
 \*Warm Cinnamon Apples,  
 Cucumbers, Apple Slices,  
 Diced Pears, Apple Juice

**17**  
 French Toast Sticks w/chicken  
 sausage  
 Hot Dog  
 Chicken Ranch Club Flatbread  
 \*Garden Salad, Baby Carrots,  
 Apple, Orange  
 Bagel Bag  
 \*Tater Tots, Celery Sticks,  
 Banana, Diced Peaches, Fruit  
 Juice

**18**  
 Popcorn Chicken Bowl  
 Cheeseburger  
 Turkey Chef Salad  
 \*Garden Salad, Baby  
 Carrots, Apple, Orange  
 Bagel Bag  
 \*Campfire Pinto Beans,  
 Green Bean & Tomato Salad,  
 Fresh Pear, Applesauce,  
 Apple Juice

**19**  
 Deep Dish Pizza (cheese or  
 pepperoni)  
 Chicken Tenders  
 Tuna Salad Sandwich  
 \*Garden Salad, Baby Carrots,  
 Apple, Orange  
 Bagel Bag  
 \*Broccoli, Red Pepper Strips,  
 Cool Tropics 100% Juice,  
 Mandarin Oranges, OJ

**22**  
 Pasta w/Italian Meatsauce  
 Hamburger  
 Santa Fe Turkey Wrap  
 \*Garden Salad, Baby Carrots,  
 Apple, Orange  
 Bagel Bag  
 \*Green Beans & Carrots, Red  
 Pepper Strips, Red Grapes,  
 Mixed Fruit, Fruit Juice

**23**  
 Sloppy Joe Sandwich  
 Cheese Quesadilla  
 Buffalo Chicken Salad  
 \*Garden Salad, Baby Carrots,  
 Apple, Orange  
 Bagel Bag  
 \*Sweet Potato Fries,  
 Coleslaw, Apple Slices, Diced  
 Pears, Apple Juice

**24**  
 Pancakes w/chicken sausage  
 Make Your Own Flatbread  
 Pizza  
 Chicken Ranch Club Flatbread  
 \*Garden Salad, Baby Carrots,  
 Apple, Orange  
 Bagel Bag  
 \*Hash Brown, Zucchini,  
 Banana, Diced Peaches, Fruit  
 Juice

**25**  
 Beef Nachos  
 Hot Dog  
 Baja Chicken Salad  
 \*Garden Salad, Baby  
 Carrots, Apple, Orange  
 Bagel Bag  
 \*Black Charro Beans, Celery  
 Sticks, Fresh Pear,  
 Applesauce, Apple Juice

**26**  
 Tony's Pizza (cheese or  
 pepperoni)  
 Chicken Nuggets  
 Egg Salad Sandwich  
 \*Garden Salad, Baby Carrots,  
 Apple, Orange  
 Bagel Bag  
 \*French Fries, Cucumbers,  
 Fresh Strawberries, Raisins,  
 Orange Juice

**29**  
 Cheesy Baked Penne  
 Chicken Filet Sandwich  
 Chicken Salad Sandwich  
 \*Garden Salad, Baby  
 Carrots, Apple, Orange  
 Bagel Bag  
 \*Sauteed Zucchini, Tomato  
 Wedges, Red Grapes, Mixed  
 Fruit, Fruit Juice

**30**  
 Orange Chicken w/broccoli  
 Cheeseburger  
 Chicken Caesar Salad  
 \*Garden Salad, Baby Carrots,  
 Apple, Orange  
 Bagel Bag  
 \*Roasted Carrots, Mexicali  
 Corn Salad, Apple Slices,  
 Diced Pears, Apple Juice

**31**  
 Waffles w/chicken sausage  
 Meatball Sub  
 Turkey & Cheese Wrap  
 \*Garden Salad, Baby  
 Carrots, Apple, Orange  
 Bagel Bag  
 \*Tater Tots, Celery Sticks,  
 Banana, Diced Peaches,  
 Fruit Juice

**1**  
 Turkey Dinner  
 Hot Dog  
 Chicken Ham Chef Salad  
 \*Garden Salad, Baby Carrots,  
 Apple, Orange  
 Bagel Bag  
 \*Maple Mashed Potatoes, 3  
 Bean Salad, Fresh Pear,  
 Applesauce, Apple Juice

**2**  
 Big Daddy Pizza (cheese or  
 pepperoni)  
 Chicken Nuggets  
 Egg Salad Sandwich  
 \*Garden Salad, Baby Carrots,  
 Apple, Orange  
 Bagel Bag  
 \*Broccoli, Red Pepper Strips,  
 Watermelon, Mandarin  
 Oranges, Orange Juice

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 Questions?? Call 908.851.6429

Paid \$2.65 Reduced \$0.40 Faculty \$3.55  
 Did you know... All of our snacks & beverages comply  
 with the Smart Snack School Program. If you have any  
 questions please contact Food Services @ 908.851.6429





# Elementary Breakfast Menu

October 2018

**1**  
**Turkey Pancake Wrap Bagel Bag**  
 Cinnamon Cream Cheese Bagel  
 Apple Cinnamon Muffin Bag  
 Apple Slices, Diced Pears, Grape Juice

**2**  
**Chicken Ham & Cheese Panini Bagel Bag**  
 Strawberry Cream Cheese Bagel  
 Apple Cinnamon Muffin Bag  
 Blueberry Yogurt Parfait  
 Honeydew, Mixed Fruit Cup, Apple Juice

**3**  
**Egg & Cheese Sausage Sliders Bagel Bag**  
 Strawberry Cream Cheese Bagel  
 Apple Cinnamon Muffin Bag  
 Watermelon, Applesauce, Orange Juice

**4**  
**Egg & Cheese English Muffin Bagel Bag**  
 Strawberry Cream Cheese Bagel  
 Apple Cinnamon Muffin Bag  
 Strawberry Yogurt Parfait  
 Banana, Raisins, Fruit Juice

**5**  
**Mini Maple Waffles Bagel Bag**  
 Cinnamon Cream Cheese Bagel  
 Apple Cinnamon Muffin Bag  
 Red Grapes, Diced Peaches, Apple Juice

**8**  
**SCHOOL CLOSED!!**

**9**  
**French Toast Sticks Bagel Bag**  
 Strawberry Cream Cheese Bagel  
 Chocolate Muffin Bag  
 Blueberry Yogurt Parfait  
 Cantaloupe, Mixed Fruit, Apple Juice

**10**  
**Omelet, HB & Toast Bagel Bag**  
 Cinnamon Cream Cheese Bagel  
 Chocolate Muffin Bag  
 Watermelon, Applesauce, Orange Juice

**11**  
**Cheesy Egg Biscuit Bagel Bag**  
 Strawberry Cream Cheese Bagel  
 Chocolate Muffin Bag  
 Strawberry Yogurt Parfait  
 Banana, Raisins, Fruit Juice

**12**  
**Apple Frudel Bagel Bag**  
 Cinnamon Cream Cheese Bagel  
 Chocolate Muffin Bag  
 Red Grapes, Diced Peaches, Apple Juice

**15**  
**Egg & Cheese English Muffin Bagel Bag**  
 Cinnamon Cream Cheese Bagel  
 Blueberry Muffin Bag  
 Apple Slices, Diced Pears, Grape Juice

**16**  
**Mini Maple Waffles Bagel Bag**  
 Strawberry Cream Cheese Bagel  
 Blueberry Muffin Bag  
 Blueberry Yogurt Parfait  
 Honeydew, Mixed Fruit, Apple Juice

**17**  
**Scrambled Egg Platter Bagel Bag**  
 Cinnamon Cream Cheese Bagel  
 Blueberry Muffin Bag  
 Fresh Strawberries, Applesauce, Orange Juice

**18**  
**Cocoa Puff WG Donut Bagel Bag**  
 Strawberry Cream Cheese Bagel  
 Blueberry Muffin Bag  
 Strawberry Yogurt Parfait  
 Banana, Raisins, Fruit Juice

**19**  
**Turkey Pancake Wrap Bagel Bag**  
 Cinnamon Cream Cheese Bagel  
 Blueberry Muffin Bag  
 Red Grapes, Diced Peaches, Apple Juice

**22**  
**Mini Maple Pancakes Bagel Bag**  
 Cinnamon Cream Cheese Bagel  
 Banana Muffin Bag  
 Apple Slices, Diced Pears, Grape Juice

**23**  
**Chicken Ham & Cheese Breakfast Roll Bagel Bag**  
 Strawberry Cream Cheese Bagel  
 Banana Muffin Bag  
 Blueberry Yogurt Parfait  
 Fresh Pear, Mixed Fruit, Apple Juice

**24**  
**Omelet, HB & Toast Bagel Bag**  
 Cinnamon Cream Cheese Bagel  
 Banana Muffin Bag  
 Watermelon, Applesauce, Orange Juice

**25**  
**Egg & Cheese Bagel Bagel Bag**  
 Strawberry Cream Cheese Bagel  
 Banana Muffin Bag  
 Strawberry Yogurt Parfait  
 Banana, Raisins, Fruit Juice

**26**  
**Triple Berry French Toast Bagel Bag**  
 Cinnamon Cream Cheese Bagel  
 Banana Muffin Bag  
 Red Grapes, Diced Peaches, Apple Juice

**29**  
**French Toast Sticks Bagel Bag**  
 Cinnamon Cream Cheese Bagel  
 Chocolate Muffin Bag  
 Apple Slices, Diced Pears, Grape Juice

**30**  
**Chicken Sausage, & Cheese Quesadilla Bagel Bag**  
 Strawberry Cream Cheese Bagel  
 Chocolate Muffin Bag  
 Blueberry Yogurt Parfait  
 Cantaloupe, Mixed Fruit, Apple Juice

**31**  
**Scrambled Egg Platter Bagel Bag**  
 Cinnamon Cream Cheese Bagel  
 Chocolate Muffin Bag  
 Fresh Strawberries, Applesauce, Orange Juice

**1**  
**Cinnamon Sugar WG Donut Holes Bagel Bag**  
 Strawberry Cream Cheese Bagel  
 Chocolate Muffin Bag  
 Strawberry Yogurt Parfait  
 Banana, Raisins, Fruit Juice

**2**  
**Egg & Cheese Flatbread Bagel Bag**  
 Strawberry Cream Cheese Bagel  
 Chocolate Muffin Bag  
 Red Grapes, Diced Peaches, Apple Juice

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Paid \$2.10 Reduced \$0.30  
 Bagel/Muffin Bags contain choice of spreads, Yogurt, Fruit and choice of fruit juice or milk!! WG poptarts & WG cereal are available daily!!

